



## **Weigh-ins:**

Friday, March 4, at the First Summit Arena.... 10:00 AM – 2:30 PM. (Flat Weight)

Sunday, March 6, at the First Summit Arena from 7:00 – 8:00 AM for wrestlers competing on Sunday. (There will be a 2 lb. weight allowance for this weigh in.)

- At weigh-ins, each wrestler will be given a weigh-in packet, which will contain information about the tournament.
- There will be no weight allowance on Friday, but there will be a 2 lb. allowance on Sunday. The decisions of weigh-in officials are final.
- There will be a physician on site to review any skin issues.
- In the event that you have a pre-existing skin issue, you must provide a completed and current PJW skin form, signed by a qualified Physician, before you are cleared to wrestle. The skin form can be found on the PJW website at [www.pajw.org](http://www.pajw.org)
- In the event that you have a skin issue and do not have a PJW skin form, or your PJW skin form is not current, the onsite physician's determination will be final.